



Medical Women's International Association
Associazione Italiana Donne Medico




XXXVIII NATIONAL CONGRESS

AIDM₂₀₁₈

Multidisciplinary approach
to chronic illnesses
and Gender Difference
&
MWIA Southern Europe
Regional Meeting



27-28th April 2018
Palermo



AIDM (Associazione Italiana Donne Medico) is proud to host the Southern European regional MWIA in the beautiful city of Palermo.

The title of the conference: "Multidisciplinary Approach to Chronic Illness and Gender Differences" is a topic of great relevance that involves physicians from various medical disciplines.

An integrated approach to chronic diseases cannot ignore gender differences: the impacts of implicit health determinants are different for men and women as well as different behaviors and risk factors. Women live longer than men but they experience more chronic disease, higher stress, more depression, more anxiety and are more likely to be victims of violence.

In this context, it is important to identify what are the gender differences in prevention, diagnosis and therapy for "Earning Health", improving the Quality of Life and getting to Wellness, both at Individual and Social Level.

Come and join us to the AIDM and MWIA meeting!!

Dr. Caterina Ermio
AIDM National President

Dr. Antonella Vezzani
MWIA Vice President Southern Europe

Dr. Laura Lanza
MWIA Italian National Coordinator

Welcome Message from MWIA President... It is my pleasure to invite medical female doctors and female medical students from the Southern European region and from all over the world to attend the upcoming Southern European regional MWIA congress in Palermo (Sicily, Italy) from 27 – 29th of April 2018. This is a joint meeting with the Associazione Italiana delle donne medico (AIDM) having their XXXVIII national congress.

The title of the congress: "Multidisciplinary Approach to Chronic Illness and Gender Differences" is a topic of major importance in medicine as gender sensitive medicine is gaining increasing attention.

For a long time, the consensus within biomedical research and clinical medicine was that disease processes do not require the consideration of sex and gender aspects and studies including male subjects only allowed for the generalization of both sexes. Recent studies have shown that the incidence, symptoms and progression of many diseases differ between sexes, rendering this perspective obsolete and resulting in an increasing amount of interest in the role of biological and sociocultural factors in medicine. Therefore genetic and social factors are to be taken into account in order to make personalized diagnostics and intervention possible. This congress will highlight the impact of sex and gender in diseases and their treatments to significantly increase the integration of sex/gender aspects into medicine to improve in the long run healthcare for both sexes.

MWIA thanks Associazione Italiana delle donne medico for organizing the Southern European regional MWIA congress in Italy.

I am looking forward to seeing you all in Palermo!!



Prof. Dr. Dr. Bettina Pfeleiderer PhD. MD.
President, Medical Women's International Association

Faculty

<i>Andrea Arini</i>	PALERMO	<i>Claudia Laterza</i>	BARI
<i>Giovannella Baggio</i>	PADOVA	<i>Laura Lanza</i>	PAVIA
<i>Mario Barbagallo</i>	PALERMO	<i>Rosa Lo Baido</i>	PALERMO
<i>Maria Luisa Brandi</i>	FIRENZE	<i>Silvia Marino</i>	MESSINA
<i>Enrico Cacace</i>	CAGLIARI	<i>Antonietta Matina</i>	PALERMO
<i>Lowrence Camarda</i>	PALERMO	<i>Teresita Mazzei</i>	FIRENZE
<i>Lucia Chiarioni</i>	MILANO	<i>Antonino Milici</i>	MESSINA
<i>Jan Cole</i>	CLAYTON (AUSTRALIA)	<i>Annamaria Oliva</i>	CALTANISSETTA
<i>Adriana Cordova</i>	PALERMO	<i>Maria Concetta Pandolfo</i>	PALERMO
<i>Ornella Daniele</i>	PALERMO	<i>Maria Domenica Pedone</i>	TREVISIO
<i>Michele D'Arienzo</i>	PALERMO	<i>Bettina Pfleiderer</i>	MUNSTER
<i>Carlo De Bac</i>	ROMA	<i>Angela Puglisi</i>	MESSINA
<i>Ombretta Di Munno</i>	PISA	<i>Daniela Puzzo</i>	CATANIA
<i>Maria Concetta Di Natale</i>	PALERMO	<i>Luciano Raineri</i>	PALERMO
<i>Salvatore Di Rosa</i>	PALERMO	<i>Marina Rizzo</i>	PALERMO
<i>Caterina Ermio</i>	LAMEZIA TERME	<i>Debora Romano</i>	FERRARA
<i>Clarissa Fabre</i>	EAST SUSSEX (UK)	<i>Concetta Rubino</i>	PALERMO
<i>Provvidenza Ficano</i>	PALERMO	<i>Anna Ruggeri</i>	ROMA
<i>Brigida Fierro</i>	PALERMO	<i>Anna Russo</i>	PALERMO
<i>Diego Fornasari</i>	MILANO	<i>Paola Sbisà</i>	TRIESTE
<i>Maria Antonietta Fusco</i>	AVELLINO	<i>Aurora Scalisi</i>	CATANIA
<i>Luana Gualtieri</i>	LECCE	<i>Giuseppe Sessa</i>	CATANIA
<i>Michela Guerra</i>	MODENA	<i>Maria Rosa Strada</i>	PAVIA
<i>Graziella Iacono</i>	BRESCIA	<i>Gabriella Tanturri</i>	TORINO
<i>Alessandra Iurlo</i>	MILANO	<i>Antonella Vezzani</i>	PARMA
<i>Ah Park Kyung</i>	SEOUL (KOREA)	<i>Carolina Vicari</i>	PALERMO




PROGRAMMA

FRIDAY 27 APRIL 2018

Palazzo dei Normanni - SALA MATTARELLA

SESSION I

- 08:30 | 08:45 Registration of the participants
- 08:45 | 09:00 Introduction to the lectures
A. Vezzani
- MODERATORS: *A. Vezzani, C. Ermio*
- 09:00 | 09:20 MWIA: the voice of medical women
C. Fabre
- 09:20 | 09:40 Gender differences in learning and memory
D. Puzzo
- 09:40 | 10:00 Disability and Rehabilitation a world for all
A. Puglisi
- 10:00 | 10:20 Discussion
- MODERATORS: *B. Pfeleiderer, L. Lanza*
- 10:20 | 10:40 Gender differences in the style of communication
between doctor and patient
D. Romano
- 10:40 | 11:00 Sexual harassment of MWIA Women in Medicine Today:
#medtoo?
J. Cole
- 11:00 | 11:20 Violence and harassment in the workplace: How to defend
oneself and overcome the barriers of revelation
L. Chiarioni
- 11:20 | 11:30 Stress management of women doctors
Kyung Ah
- 11:30 | 11:50 Discussion
- 11:50 | 12:10 The Women's Jewellery in Sicily:
the sacred and the profane
M. C. Di Natale
- 



12:10 | 13:30 Break

13:30 | 15:00 Lunch

15:00 | 15:15 Opening ceremony

15:15 | 15:30 Introduction:

Caterina Ermio - AIDM National President

Marina Rizzo - AIDM Palermo

Bettina Pfeiderer - MWIA President

SESSION II

MODERATORS: *C. Ermio, M. Rizzo, B. Pfeiderer*

15:30 | 15:50 Integration of sex and gender aspects medicine -
important step toward personalized medicine
B. Pfeiderer

15:50 | 16:10 Gender and Aging: why do women live longer?
(Gender and Aging: perchè la donna vive di più?)
G. Baggio

16:10 | 16:30 Discussion

16:30 | 16:50 The Physician-Scientist:
the importance of gender in research
M. L. Brandi

16:50 | 17:10 Sex difference in oncogenic viruses infections
A. Ruggeri

17:10 | 17:30 Gender and water
C. De Bac

17:30 | 18:00 Discussion



SATURDAY 28 APRIL 2018

Circolo Unificato dell'Esercito - PALERMO

SALONE D'ONORE

08:30 | 08:45 Opening Ceremony

SESSION I

MODERATORS: *M. D'Arienzo, A. Matina, S. Di Rosa*

09:00 | 09:20 Human posture and well-being
M. A. Fusco

09:20 | 09:40 Multiple faces of pain and its pharmacological therapy
D. Fornasari

09:40 | 10:00 Gender and pain: appropriateness of prescriptions
C. La Terza

10:00 | 10:20 Osteoporosis: a new face for an old lady
E. Cacace

10:20 | 10:40 Discussion

SESSION II

MODERATORS: *M. Barbagallo, M. Guerra, A. Arini*

10:40 | 11:00 Bone effects of new therapeutic strategies in chronic inflammatory rheumatic diseases
O. Di Munno

11:00 | 11:20 Living the fragility: Prevention, sustainability and prescriptive appropriateness in the care of Osteoporosis
M. L. Brandi

11:20 | 11:40 Gendered innovations in orthopedic surgery
G. Sessa, L. Camarda

11:40 | 12:00 Discussion



SESSION III

MODERATORS: *M. D. Pedone, L. Raineri, P. Ficano*

- 12:00 | 12:20 HPV and new lifestyles
A. Scalisi
- 12:20 | 12:40 HPV in Otorhinolaryngology (HPV in ORL)
L. Lanza
- 12:40 | 13:00 Oestrogen/progestogen therapy: Myths and Realities
C. Vicari
- 13:00 | 13:20 Menopause: instructions to make it better
M. C. Pandolfo
- 13:20 | 13:30 Discussion
- 13:30 Lunch

SALONE D'ONORE

SESSION IV

MODERATORS: *A. M. Oliva, C. Rubino, G. Tanturri*

- 15:00 | 15:20 Gender differences in pharmacology
T. Mazzei
- 15:20 | 15:40 Stress and Depression in women
A. Milici
- 15:40 | 16:00 Therapeutic strategies for depression
R. Lo Baido
- 16:00 | 16:10 Discussion

SESSION V

MODERATORS: *B. Fierro, L. Gualtieri, G. Iacono*

- 16:10 | 16:30 Epilepsy through the lifetime of women
O. Daniele
- 16:30 | 16:50 Dementia and gender: which therapy?
S. Marino
- 16:50 | 17:10 Discussion



SESSION VI

MODERATORS: *A. Cordova, A. Russo, P. Sbisà*

17:10 | 17:30 How chronic myelogenous leukemia has changed the concept of chronicity: from controllable to potentially curable disease

A. Iurlo

17:30 | 17:50 Advanced Breast Cancer: the new scenery of a chronic disease

M. R. Strada

17:50 | 18:30 Free communications

18:30 Closure of the session



General Information

INAUGURATION OF THE CONGRESS • 27 April 2018

YELLOW ROOM - Palazzo Dei Normanni
Piazza Indipendenza, 1, 90129 Palermo PA

CONFERENCE VENUE • 28 aprile 2018

Circolo Unificato Esercito Palermo
Piazza Sant'Oliva, 25 - 90141 Palermo

Official languages:

27-28 April: Italian-English with simultaneous translation

REGISTRATION FEE

€ 100,00 + VAT

The registration fee includes:

- Access to the conference
- Refreshment breaks, congress lunches and the welcome reception
- Congress Kit (folder, notes, pen)
- Badge

Registered participants will receive a certificate of participation and a payment receipt.

HOTEL ACCOMODATION

The Congress organizing secretary, Collage S.p.A., has reserved a number of rooms in 4-star city hotels.

For further information please contact Collage S.p.A.

Via U. Giordano, 37/A - 90144 Palermo - Tel. +30 091 6867.401 - Fax +39 091 9889354

e-mail: gianfranco.pepe@collage-spa.it - web: www.collage-spa.it

Organizing Secretariat

COLLAGE S.p.A.

Via U. Giordano, 37/A - 90144 Palermo - Tel. 091 6867.401 - Fax 091 9889354
e-mail: gianfranco.pepe@collage-spa.it - web: www.collage-spa.it